

Wellness Programs

Wellness Programs to Promote Life-long Health

The goal of WellSpring Clinic is to provide wellness programs that promote life-long health.

This is why we provide wellness programs that are tailored to individuals with specific needs. Each program takes into account a patient's physical condition and establishes the groundwork and a comprehensive plan for life-long health.

Wellness Programs May Include:

- Nutritional Consultation
- Exercise Consultation
- Cardiorespiratory Assessment
- Musculoskeletal Assessment
- Neuromuscular Assessment
- Endocrine Assessment
- Hormone Assessment
- Laboratory Assessment
- Weight Management
- Dietary Supplementation
- Ongoing Performance Measurements

including a review of your medications, over-the-counter drugs, supplemental usage, hormone assessment, weight, cardio vascular health and other criteria in relation to diagnosing your health as it exists. With this information, we can begin to tailor a specific plan for each individual.

Proven Results

WellSpring Clinic is a medical health facility led by Dr. Sam J. Walters, a board-certified medical physician with more than 35 years of medical experience. WellSpring Clinic bridges the gap between life and health expectancy by treating disease and illness that adversely affect one's health and longevity.

By accurately determining the source of individual diseases and conditions, WellSpring Clinic can precisely design a Wellness Program to combat disease and create a platform of prevention for a healthy life.

Natural and Traditional Health Care

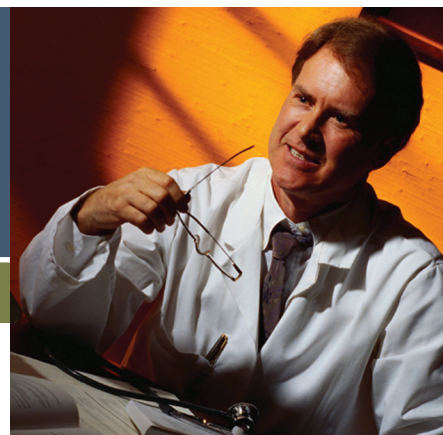
To learn more about this and other treatments, please visit the WellSpring Clinic web site at: www.wellspringclinic.com

Women's Health

WellSpring Clinic has a dynamic Wellness Program designed specifically for women. We will look at your current physical status, including a review of your medications, over-the-counter drugs, supplemental usage, hormone assessment, weight, cardio vascular health and other criteria in relation to diagnosing your health as it exists. With this information, we can begin to tailor a specific plan for each individual.

Men's Health

WellSpring Clinic has a dynamic Wellness Program designed specifically for men. We will look at your current physical status,



Dr. Sam J. Walters holds a Master of Science Degree in Biology with emphasis in clinical

Nutrition and a Bachelor's Degree in Bio-Nutrition in addition to his Naturopathic Medical Degree.

Dr. Walters is Diplomate of the American Council in Applied Clinical Nutrition, a member of the American Association of Naturopathic Physicians, a member of the American Association of Bariatric Physicians and Certified in Hyperbaric Oxygen Therapy Medicine.

He has hosted his own weekly Television and National Radio program, as well as lectured on topics that include Preventative Health Care and Nutrition.

Dr. Walters and his staff at WellSpring Clinic can provide you with an overall wellness program that can put you on a track to life-long health and fitness. It is all part of good optimal health.



WELLSPRING CLINIC

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